

Voluntary Medical Male Circumcision

Creating an AIDS-Free Generation

In 2022, 1.3 million people were newly infected with HIV. Around half of the newly infected live in sub-Saharan Africa.¹ Preventing new HIV infections is vital to achieving epidemic control. Since the early 2000s, strong and consistent scientific evidence has supported inclusion of voluntary medical male circumcision (VMMC) as a component of HIV prevention programs. VMMC is a safe, minor procedure that reduces the risk of female-to-male HIV transmission by 70%.² Unlike other HIV prevention strategies—treatment as prevention, oral pre-exposure prophylaxis, and condoms—VMMC has a vaccine-like durability; a brief interaction with the health system yields a lifetime of partial protection against HIV and other pathogens, including HPV and syphilis. In 2007, the World Health Organization (WHO) and Joint United Nations Programme on HIV/AIDS issued recommendations that supported promotion of VMMC, particularly in settings with high HIV prevalence and low male circumcision levels where the public health benefits would be maximized. Cost and impact modeling studies show that rapidly scaling up VMMC to 80% of men of reproductive age would avert millions of new HIV infections and save billions of U.S. dollars in care and treatment costs by 2025.³

Since 2003, Jhpiego has emerged as one of the few international organizations with the knowledge and experience to support, strengthen, and scale up VMMC services while ensuring safety and quality. By the end of 2023, more than 6 million males had accessed VMMC through Jhpiego-supported services across 12 VMMC focus countries in East and Southern Africa. With the generous support of the U.S. President’s Emergency Plan for AIDS Relief, Jhpiego collaborates with ministries of health and defense force health systems to scale up VMMC as part of a comprehensive package of HIV prevention services. Central to Jhpiego’s success is the ability to introduce and quickly scale up evidence-based innovations by fostering acceptance and demand; offering convenient, respectful, and high-quality services; and leveraging data management systems that assist key stakeholders with decision-making. Jhpiego is a key player in the global dialogue on VMMC,



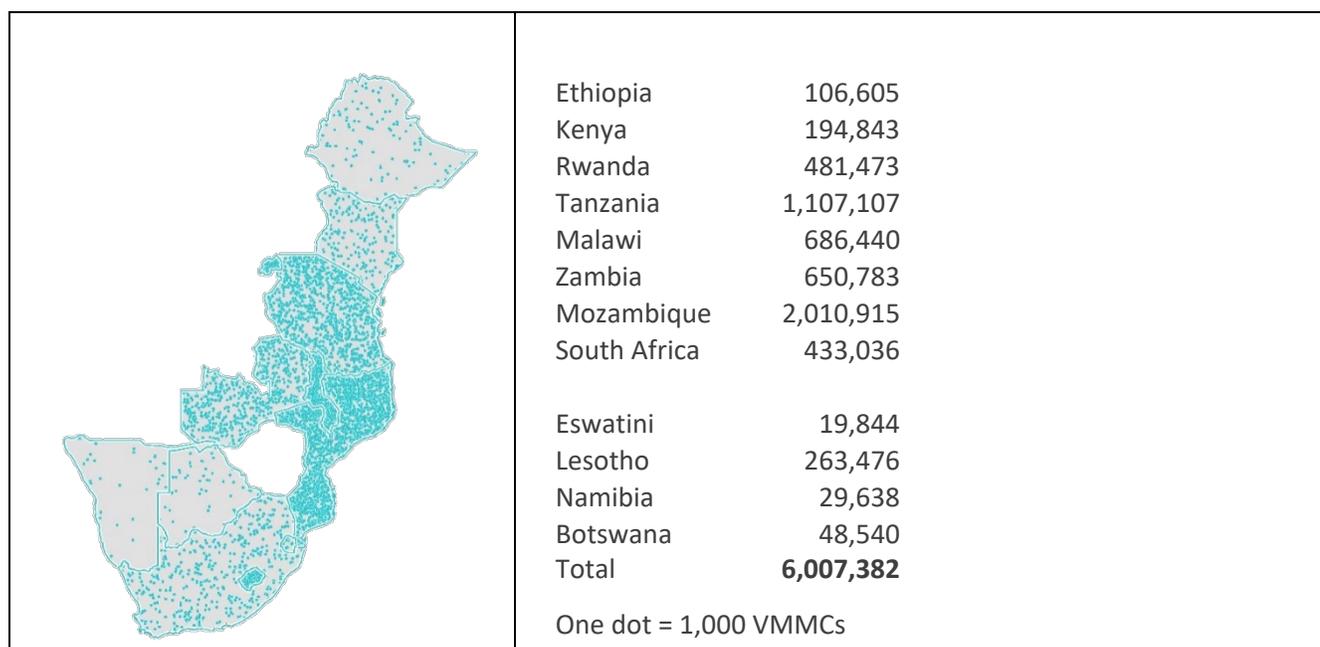
Two clients wait to talk with a counselor post-surgery at a mobile clinic parked outside Jhpiego’s ManUp Circumcision Clinic in Cape Town, South Africa. Photo: Laura Pohl/Jhpiego

publishing training packages and manuals that serve as international reference materials on VMMC and early infant male circumcision. Jhpiego is also a leader in VMMC training, serving as a trainer for implementing partners in Botswana, Ethiopia, Kenya, Malawi, Mozambique, Namibia, Rwanda, Tanzania, and Zambia.

VMMC Package of Services

- VMMC services provide an opportunity to counsel, screen, treat, and/or refer men, who rarely access health services.
- Jhpiego’s VMMC programs offer a comprehensive WHO-recommended health care package that includes:
 - Offer of HIV testing services and linkage to care and treatment
 - Age-appropriate counseling on VMMC and HIV risk reduction
 - Provision of condoms
 - Screening and treatment for sexually transmitted infections
 - VMMC procedure
 - Post-operative clinical and counseling support

Jhpiego-Supported VMMC as of Dec 2023



Highlights from Jhpiego's VMMC Portfolio

Mozambique

- Jhpiego works closely with the Ministry of Health. Since 2009, Jhpiego has been the lead VMMC implementer in Mozambique working with the U.S. Agency for International Development, the U.S. Centers for Disease Control and Prevention, and the U.S. Department of Defense.
- As of December 2023, the program had provided comprehensive VMMC for HIV prevention services to more than 2 million men and boys in five provinces with high HIV prevalence.
- Mozambique's VMMC program was one of Jhpiego's four pioneer programs that implemented pilot studies on the use of circumcision devices for VMMC. The program also developed an electronic client registry that provides daily data on adverse events, follow-up visits, and sociodemographic data. This real-time data capture has helped the VMMC program to analyze and apply data for decision-making to provide high-quality health service delivery.

Tanzania

- Jhpiego has supported the Ministry of Health and Social Welfare to scale up VMMC services in Tanzania

since 2009. As of September 2023, over 1.1 million men and boys had received VMMC in regions supported by Jhpiego.

- The health care cost savings from Jhpiego's VMMC programs in Tanzania have been estimated at \$68.2 million.
- Through the AIDSFree Project (2014–2019), Jhpiego provided comprehensive prevention services that enhanced VMMC and early infant male circumcision services in Iringa, Njombe, Tabora, Morogoro, and Singida regions. By December 2019, Jhpiego provided VMMC to 619,004 men and boys, HIV testing services to 481,693 (78%) of VMMC clients, and linked 1,161 of those testing positive to HIV care and treatment.
- To reach men who had not received VMMC, in 2012, Jhpiego Tanzania introduced the use of Quantum GIS (geographic information system) to strategically deploy mobile VMMC services to underserved rural communities. The program used GIS to overlay population data with coordinates of health facilities to identify areas in Iringa, Njombe, and Tabora with a high concentration of potential clients. Based on the success of this approach, Jhpiego expanded use of GIS to VMMC programs in Malawi.

¹ UNAIDS. Fact Sheet 2023: Global HIV Statistics.

http://www.unaids.org/sites/default/files/media_asset/UNAIDS_FactSheet_en.pdf

² Lei JH, Liu LR, Wei Q, et al. 2015. Circumcision status and risk of HIV acquisition during heterosexual intercourse for both males and

females: A metaanalysis. PLoS ONE 10(5): e0125436. doi: 10.1371/journal.pone.0125436.

³ Njeuhmeli E, Forsythe S, Reed J, et al. 2011. Voluntary medical male circumcision: Modeling the impact and cost of expanding male circumcision for HIV prevention in Eastern and Southern Africa. PLOS Med 8(11): e1001132.